

NEWS ENGLISH LESSONS.com

World sauna final ends in death

MANY FLASH AND ONLINE ACTIVITIES FOR THIS LESSON, PLUS A LISTENING, AT:

<http://www.NewsEnglishLessons.com/1008/100808-sauna.html>

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ALL ANSWERS ARE IN THE TEXT ON PAGE 2.

8th August, 2010

THE READING / TAPESCRIPT

From: <http://www.NewsEnglishLessons.com/1008/100808-sauna.html>

The annual sauna world championship final in Finland has ended in tragedy. One of the competitors died because of problems caused by the heat. Vladimir Ladyzhenskiy, who was in his 60s, spent six minutes in temperatures above 110C. Judges noticed something was seriously wrong and had to drag him out of the sauna. Another competitor, Timo Kaukonen from Finland, also needed medical treatment. Witnesses say his body was covered in burns. Kaukonen is a five-time winner of the event and reigning champion.

Competition officials say this is the end of the tournament. It started in Finland in 1999. The winner of the event is the person who can stay in the sauna the longest. The contest organizer Ossi Arvela told reporters it was properly run: "All the rules were followed and enough first aid personnel were in place," he said. ESPN columnist Rick Reilly described his first 30 seconds in the 2007 tournament: "The tips of your ears start to ignite. The backs of your arms scream. Your throat burns as if somebody had stuck a [burning] torch down it."

PHRASE MATCH

From: <http://www.NewsEnglishLessons.com/1008/100808-sauna.html>

Match the following phrases from the article.

Paragraph 1

- | | |
|--------------------|---------------------|
| 1. ended in | a. covered in burns |
| 2. problems caused | b. 60s |
| 3. in his | c. tragedy |
| 4. something was | d. champion |
| 5. his body was | e. by the heat |
| 6. reigning | f. seriously wrong |

Paragraph 2

- | | |
|--------------------|------------------|
| 1. the end of the | a. were followed |
| 2. The winner of | b. aid |
| 3. it was properly | c. burns |
| 4. All the rules | d. the event |
| 5. first | e. tournament |
| 6. Your throat | f. run |

LISTENING GAP FILL

From: <http://www.NewsEnglishLessons.com/1008/100808-sauna.html>

The annual sauna world championship final in Finland _____ . One of the competitors died because of _____ heat. Vladimir Ladyzhenskiy, who was in his 60s, spent six minutes in temperatures above 110C. Judges noticed something _____ had to _____ sauna. Another competitor, Timo Kaukonen from Finland, also _____ . Witnesses say his body was covered in bur _____ ns. Kaukonen is a five-time winner of the event and reigning champion.

Competition officials _____ of the tournament. It started in Finland in 1999. The winner of the event is _____ in the sauna the longest. The contest organizer Ossi Arvela told reporters _____ : "All the rules were followed and enough first aid personnel were in place," he said. ESPN columnist Rick Reilly described _____ the 2007 tournament: "The _____ to ignite. The backs of your arms scream. Your throat _____ had stuck a [burning] torch down it."

MULTIPLE CHOICE

From: <http://www.NewsEnglishLessons.com/1008/100808-sauna.html>

The (1) _____ sauna world championship final in Finland has ended in tragedy. One of the competitors died because of problems caused (2) _____ the heat. Vladimir Ladyzhenskiy, who was in his (3) _____, spent six minutes in temperatures above 110C. Judges noticed something was seriously wrong and had to (4) _____ him out of the sauna. Another competitor, Timo Kaukonen from Finland, also needed medical treatment. Witnesses say his body was covered (5) _____ burns. Kaukonen is a five-time winner of the event and reigning champion.

Competition officials (6) _____ this is the end of the tournament. It started in Finland in 1999. The winner of the event is the person who can stay in the sauna the (7) _____. The contest organizer Ossi Arvela told reporters it was properly run: "All the rules were (8) _____ and enough first aid personnel were in place," he said. ESPN columnist Rick Reilly described his first 30 seconds in the 2007 tournament: "The tips of your ears start (9) _____ ignite. The backs of your arms scream. Your throat burns (10) _____ if somebody had stuck a [burning] torch down it."

Put the correct words from this table into the article.

- | | | | |
|-----|---------------|---------------|---------------|
| 1. | (a) year | (b) 12 months | (c) annual |
| 2. | (a) at | (b) by | (c) to |
| 3. | (a) 60 | (b) 60s | (c) 60-ish |
| 4. | (a) drag | (b) drug | (c) dreg |
| 5. | (a) up | (b) over | (c) in |
| 6. | (a) speak | (b) say | (c) talk |
| 7. | (a) length | (b) longish | (c) longest |
| 8. | (a) following | (b) followed | (c) followers |
| 9. | (a) to | (b) at | (c) by |
| 10. | (a) as | (b) has | (c) was |

SPELLING

From: <http://www.NewsEnglishLessons.com/1008/100808-sauna.html>

Spell the jumbled words (from the text) correctly.

Paragraph 1

1. aanlnu sauna world championship
2. problems ascued by the heat
3. something was seriously owngr
4. lemdaci treatment
5. his body was dcreeov in burns
6. nnireggi champion

Paragraph 2

7. Competition lfocisafi
8. The winner of the enety
9. stay in the sauna the sneogtl
10. All the surle were followed
11. Your troath burns
12. a burning hrcot

PUT THE TEXT BACK TOGETHER

From: <http://www.NewsEnglishLessons.com/1008/100808-sauna.html>

Number these lines in the correct order.

- () competitor, Timo Kaukonen from Finland, also needed medical treatment. Witnesses say his body was covered
- () in burns. Kaukonen is a five-time winner of the event and reigning champion.
- () Competition officials say this is the end of the tournament. It started in Finland in 1999. The winner of the
- () columnist Rick Reilly described his first 30 seconds in the 2007 tournament: "The tips of your ears start
- () of problems caused by the heat. Vladimir Ladyzhenskiy, who was in his 60s, spent six minutes in temperatures above
- () 110C. Judges noticed something was seriously wrong and had to drag him out of the sauna. Another
- () was properly run: "All the rules were followed and enough first aid personnel were in place," he said. ESPN
- () to ignite. The backs of your arms scream. Your throat burns as if somebody had stuck a [burning] torch down it."
- (**1**) The annual sauna world championship final in Finland has ended in tragedy. One of the competitors died because
- () event is the person who can stay in the sauna the longest. The contest organizer Ossi Arvela told reporters it

THE READING / TAPESCRIPT

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With a partner, put the words back into the correct order.

1. championship annual world final The sauna.

2. because the of heat problems caused Died by.

3. above minutes temperatures 110C Six in.

4. wrong Judges something seriously noticed was.

5. time winner of the event Kaukonen - is a five

6. end tournament say the the Officials is of this.

7. person who can stay in the sauna the longest The.

8. place in were personnel aid first Enough.

9. tournament seconds in His the first 2007 30.

10. ears The start tips to of ignite your.

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

WRITING

From: <http://www.NewsEnglishLessons.com/1008/100808-sauna.html>

Write about saunas for 10 minutes. Show your partner your paper. Correct each other’s work.

HOMEWORK

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. SAUNAS: Search the Internet and find more information about the World Sauna Competition. Talk about what you discover with your partner(s) in the next lesson.

3. MAGAZINE ARTICLE: Write a magazine article about saunas. Include imaginary an interview with a sauna competitor. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

4. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

5. LETTER: Write a letter to the head of the World Sauna Competition. Ask him/her three questions about saunas. Give him/her three of your opinions on saunas. Read what you wrote to your classmates in the next lesson. Your partner will answer the questions you asked.